

Making Bread by Kate Ruttle

People all over the world make some form of bread by baking a dough which is made mostly of flour and water. People in different countries change the amounts of flour and water and sometimes add other ingredients to the dough to make different kinds of bread. Which types of bread have you eaten?

The ingredients you will need to make one large loaf of white bread are:

- 500g strong white bread flour
- 300ml warm water
- 1 sachet or ½ teaspoon fast action dried yeast
- 1 tablespoon olive oil

What you have to do:

Step 1: Measure out all the ingredients into a large bowl.

Step 2: Mix them up and knead them for at least 30 kneading movements to make the dough.

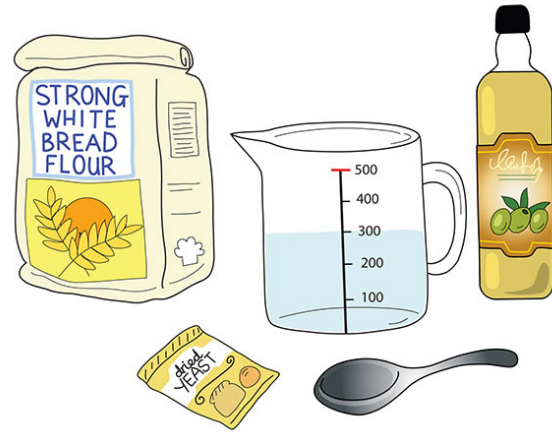
Step 3: Leave for 10 minutes, then knead the dough again with at least 30 kneading movements.

Step 4: Put a clean cloth over the bowl and leave the dough in a warm place for 30 minutes.

Step 5: Knead the dough for about 10 kneading movements and shape it into a small mound.

Step 6: Place the mound on a greased baking sheet and leave it for another 30 minutes.

Step 7: Bake the bread for 20 – 25 minutes at 230°C.



Name:	Class:	Date:
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1 What happens if you add other ingredients to your dough?

You make bigger loaves of bread.

You make different kinds of bread.

You make a better dough.

You make bread by baking the dough.

1b

1 mark

2 Find and copy two things that you always need to make dough for bread.

1b

1 mark

3 Which sentence is an instruction? Choose **one**.

Which types of bread have you eaten?

Making Bread

What you have to do

Bake the bread for 20–25 minutes.

1b

1 mark

4 “Mix them up and knead them.”

The word “knead” in this sentence is closest in meaning to (choose **one**):

squeeze and press them.

mix and stir them.

tell them they are important to you.

stamp and kneel on them.

1a

1 mark

5 What do you think happens after you have followed instruction 7?

1e

1 mark

6 Number these events to show the order in which they happen.

Make the dough into a mound.

Put a clean cloth over the dough.

Put the dough onto a baking tray.

Mix the ingredients together.

1c

1 mark