



### **Useful Links for PE**

- Physical Activity with Joe Wicks - <https://www.youtube.com/user/thebodycoach1>
- Youth Sport Trust physical activity challenges - <https://www.youthsporttrust.org/60-second-physical-activity-challenges>
- PE at home : [home.jasmineactive.com](http://home.jasmineactive.com)  
Email : [parent@sgoskills-1.com](mailto:parent@sgoskills-1.com)  
Password: sgoskills
- Andy's wild workouts - <https://www.bbc.co.uk/programmes/p06tmmvz>
- Kent Sport - <https://www.kentsport.org/coronavirus/>
- Chance to Shine free resources - <https://www.chancetoshine.org/teaching-resources>
- Tennis at home - <https://www.lta.org.uk/play-compete/lta-youth/tennis-at-home/>
- Athletics Funetics: <https://funetics.co.uk/for-parents/funetics-activity-videos/>
- NHS & Change4Life: <https://www.nhs.uk/change4life>
- Sport England: <https://www.sportengland.org/news/join-movement>
- The Education People: <https://www.theeducationpeople.org/>
- This Girl Can Disney Dance Alongs: <https://www.thisgirlcan.co.uk/activities/disney-workouts/>
- Healthy Futures: <https://healthyfutures.us4.list-manage.com/subscribe?u=35a57192e9ec6a559eaaa6cf9&id=492f01d6de>
- Firefighter Fit Kids: <https://www.youtube.com/channel/UCIglDJJ9oU9-pdTRFfNFdMA>
- Homework Challenge Booklets from Greenacre  
SSP: <http://www.sflt.org.uk/gsp/welcome-greenacre-sports-partnership/active-at-home> and password is : GreenCBook2020!
- Teach Active are doing a FREE 30 minute CPD webinar on 'The Benefits of Active Learning' where you will look at the evidence, research and whole school impact of introducing physical activity into English and Maths lessons.  
Register here <https://www.teachactive.org/insightly/?event=web20> to receive your unique link (sent to you in a separate email).  
Following the webinar, every participant/school will be able to access a free trial at [www.teachactive.org](http://www.teachactive.org) – a nationally praised and multi-award-winning online resource which will provide teachers with free lesson plans and resources (FS to Year 6) to use with children still in school, along with a selection of homework plans for parents/carers.