

Week One

**18 Apr
9 May
6 Jun
27 Jun
18 Jul
12 Sep
3 Oct**

		Monday	Tuesday	Wednesday	Thursday	Friday
	Option 1	Tomato, Vegetable Pasta with Cheese Topping 	Jerk Chicken with Rice 	Roast Gammon, Roast Potatoes & Gravy 	Beef Tortilla Stack 	Fish Fingers with Chips & Tomato Sauce 
	Option 2	Spanish Omelette with New Potatoes 	BBQ Quorn Fillet with Rice 	Vegetable Wellington with Roast Potatoes & Gravy 	Quorn Chow Mein Noodles 	Cheese & Potato Whirl with Chips 
	Dessert	Carrot & Courgette Cake with Custard 	Apple & Raisin Flapjack 	Fresh Fruit & Yoghurt Station 	Orange & Cinnamon Cookie 	Fruit or Yogurt 

***Vegetables & Carbohydrates may differ than those shown**

Week Two
















25 Apr
16 May
13 Jun
4 Jul 29
Aug 19
Sep 10
Oct

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	<p>Macaroni Cheese</p> 	<p>Spaghetti Bolognaise</p> 	<p>Roast Chicken, Roast Potatoes, Stuffing & Gravy</p> 	<p>Peri Peri Chicken with Rice</p> 	<p>Fish in Batter with Chips & Tomato Sauce</p> 
Option 2	<p>Vegetable Curry with Rice</p> 	<p>Vegan Spaghetti Bolognaise</p> 	<p>Roast Quorn, Roast Potatoes, Stuffing, & Gravy</p> 	<p>Quorn Burger in a Bun with Wedges & Tomato Sauce</p> 	<p>Cheese & Bean Pasty with Chips</p> 
Dessert	<p>Apple & Berry Crumble with Ice Cream</p> 	<p>Lemon Drizzle Cake</p> 	<p>Apple, Cheese & Crackers</p> 	<p>Chocolate Brownie with Chocolate Sauce</p> 	<p>Fruit or Yogurt</p> 

***Vegetables & Carbohydrates may differ than those shown**

Week Three

2 May
23 May
20 Jun
11 Jul
5 Sep
26 Sep
17 Oct

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Cheese and Tomato Pizza</p> 	<p>Pork Sausage Hot Dog with Potato Wedges</p> 	<p>Roast Turkey, Roast Potatoes & Gravy</p> 	<p>Chicken Fajitas with Rice</p> 	<p>Fish fingers with Chips & Tomato Sauce</p> 
<p>Mexican Roll</p> 	<p>Vegan Sausage Hot Dog with Potato Wedges</p> 	<p>Lentil & Basil Puff Pastry, Roast Potatoes & Gravy</p> 	<p>Vegetable Enchiladas with Rice</p> 	<p>Cheese & Red Pepper Frittata with Chips & Tomato Sauce</p> 
<p>Apple Strudel & Custard</p> 	<p>Lemon & Mixed Berry Cake</p> 	<p>Fruit Jelly with Mandarins</p> 	<p>Chocolate Shortbread</p> 	<p>Fruit or Yogurt</p> 

***Vegetables & Carbohydrates may differ than those shown**