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|  | **EYFS Curriculum Map for Physical Education** |
|  | **Term 1 (1)** | **Term 1 (2)** | **Term 2 (3)** | **Term 2 (4)** | **Term 3 (5)** | **Term 3 (6)** |
| **Time** | **7.5 Weeks** | **7 Weeks** | 6 Weeks | 6 Weeks | 5 Weeks | 7 Weeks |
| **Year R** | **ABC’s****FIZZY/BEAM SCREENING** **MANIPULATION & COORDINATION** **COSMIC YOGA** | **FMS** **DANCE**recognise basic actions perform, repeat | **FMS****GYMNASTIC ACTIONS**Coordination, gross motor skills | **FMS** **BODY MANAGEMENT**control body performance**FMS** | **COOPERATE & SOLVE PROBLEMS** copy/repeat a range of actions | **ATHLETIC SKILLS** exploring different actions Introduction to personal challenge |

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|  | **Key Stage 1 Long term Curriculum Map for Physical Education** |
|  | **Term 1 (1)** | **Term 1 (2)** | **Term 2 (3)** | **Term 2 (4)** | **Term 3 (5)** | **Term 3 (6)** |
| **Time** | **7.5 Weeks** | **7 Weeks** | **6 Weeks** | **6 Weeks** | **5 Weeks** | **7 Weeks** |
| **Year 1** | **AGILITY BALANCE COORDINATION** **FMS** **FIZZY/BEAM****COSMIC YOGA** | Balanceability Bike training | **DANCE**responding to a range of stimuli | **FMS** **BODY MANAGEMENT/****COOPERATE & SOLVE PROBLEMS**  | **DODGEBALL**Introduction to competition against othersExploring winning/losing | **Sports Day practice****FMS****ATHLETIC ACTIVITY****Run, Jump, Throw**building stamina/core strength |
| **FMS****STRIKING & FIELDING****Hit, catch, run**hitting, retrieving, throwing | **GYMNASTICS**Improving body management  | **FMS****NET/WALL GAMES****Send & Return**developing skills | **INVASION GAMES****Attack, defend, shoot** introduction to simple, small sided games | **FMS****STRIKING & FIELDING****Hit, catch, run****–** developing techniques to improve object control |
| **Year 2** | **AGILITY BALANCE COORDINATION** **FMS** **FIZZY/BEAM****COSMIC YOGA** | **INVASION GAMES**introduction to skills  | **DANCE**responding to a range of stimuli | **FMS** **BODY MANAGEMENT/****COOPERATE & SOLVE PROBLEMS**  | **DODGEBALL**Introduction to competition against othersExploring winning/losing | **Sports Day practice****FMS****ATHLETIC ACTIVITY****Run, Jump, Throw**building stamina/core strength |
| **FMS****STRIKING & FIELDING****Hit, catch, run**hitting, retrieving, throwing | **GYMNASTICS**Improving body management  | **FMS****NET/WALL GAMES****Send & Return**developing skills | **INVASION GAMES****Attack, defend, shoot** introduction to simple, small sided games | **FMS****STRIKING & FIELDING****Hit, catch, run****–** developing techniques to improve object control |

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|  | **KEY STAGE 2 Long Term Curriculum Map for Physical Education** |
|  | **Term 1 (1)** | **Term 1 (2)** | **Term 2 (3)** | **Term 2 (4)** | **Term 3 (5)** | **Term 3 (6)** |
| **Time** | **7 Weeks** | **7 Weeks** | **6 Weeks** | **5 Weeks** | **7 Weeks** | **7 Weeks** |
| **Year****3/4** | **OAA****COOPERATE & SOLVE PROBLEMS** | **INVASION GAMES**introduction to skills  | **DANCE**responding to a range of stimuli | **DODGEBALL**Introduction to competition against othersExploring winning/losing | **TRIGOLF****Introduction to trigolf** | **Sports Day practice****FMS****ATHLETIC ACTIVITY****Run, Jump, Throw**building stamina/core strength |
| **FMS****Running****Jumping****Throwing****Catching** | **FMS****STRIKING & FIELDING****Hit, catch, run**hitting, retrieving, throwing | **GYMNASTICS**Improving body management  | **FMS****NET/WALL GAMES****Send & Return**developing skills | **INVASION GAMES****Attack, defend, shoot** introduction to simple, small sided gamesHOCKEY/FOOTBALL/RUGBY | **FMS****STRIKING & FIELDING****Hit, catch, run****–** developing techniques to improve object control |
| **Year 4/5** | **INVASION GAMES****NETBALL/HANDBALL**Transferable skills and tactics in small sided games | **STRIKING/FIELDING****CRICKET**Transferable skills and small sided games | **DANCE**Analysing and improving performance | **NET/WALL****TENNIS/BADMINTON**Transferable skills | **INVASION GAMES****FOOTBALL/RUGBY**Transferable skills/tactics in small sided games | **Sports Day practice****ATHLETICS**Analysing and improving performance |
| **OAA/COOPERATE AND PROBLEM SOLVE**  | **TRIGOLF/HEALTH RELATED FITNESS**Technique development & exercise for health | **GYMNASTICS**Analysing and improving performance | **ULTIMATE FRISBEE** | **INVASION GAMES****HOCKEY**Transferable skills/tactics in small sided games | **INTRA COMPETITION****DODEGBALL**Exploring skills and tactics to influence the outcome of a game |
| **Year 6** | **INVASION GAMES****FOOTBALL**Transferable skills and tactics in small sided games | **NET/WALL****TENNIS/BADMINTON**Transferable skills | **DANCE/GYMNASTICS** Working collaboratively  | **INVASION GAMES****NETBALL**Transferable skills and tactics in small sided games | **STRIKING/FIELDING****CRICKET/ROUNDERS**Transferable skills | **ATHLETICS**applying strength and flexibility to all areas |
| **INVASION GAMES****TAG RUGBY**Transferable skills and tactics in small sided games | **OAA**Explore a range of communications in challenging environments  | **HEALTH RELATED FITNESS**Developing the link between exercise and health | **INVASION GAMES****BASKETBALL**Transferable skills and tactics in small sided games | **SPORTS LEADERSHIP**Plan/deliver a trigolf competition to Y3 (T6) | **Sports Day practice****INTRA COMPETITION**Understanding roles in team games |