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|  | **EYFS Curriculum Map for Physical Education** | | | | | |
|  | **Term 1 (1)** | **Term 1 (2)** | **Term 2 (3)** | **Term 2 (4)** | **Term 3 (5)** | **Term 3 (6)** |
| **Time** | **7.5 Weeks** | **7 Weeks** | 6 Weeks | 6 Weeks | 5 Weeks | 7 Weeks |
| **Year R** | **ABC’s**  **FIZZY/BEAM SCREENING**  **MANIPULATION & COORDINATION**  **COSMIC YOGA** | **FMS**  **DANCE**  recognise basic actions  perform, repeat | **FMS**  **GYMNASTIC ACTIONS**  Coordination, gross motor skills | **FMS**  **BODY MANAGEMENT**  control body performance  **FMS** | **COOPERATE & SOLVE PROBLEMS**  copy/repeat a range of actions | **ATHLETIC SKILLS**  exploring different actions  Introduction to personal challenge |

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|  | **Key Stage 1 Long term Curriculum Map for Physical Education** | | | | | |
|  | **Term 1 (1)** | **Term 1 (2)** | **Term 2 (3)** | **Term 2 (4)** | **Term 3 (5)** | **Term 3 (6)** |
| **Time** | **7.5 Weeks** | **7 Weeks** | **6 Weeks** | **6 Weeks** | **5 Weeks** | **7 Weeks** |
| **Year 1** | **AGILITY BALANCE COORDINATION**  **FMS**  **FIZZY/BEAM**  **COSMIC YOGA** | Balanceability  Bike training | **DANCE**  responding to a range of stimuli | **FMS**  **BODY MANAGEMENT/**  **COOPERATE & SOLVE PROBLEMS** | **DODGEBALL**  Introduction to competition against others  Exploring winning/losing | **Sports Day practice**  **FMS**  **ATHLETIC ACTIVITY**  **Run, Jump, Throw**  building stamina/core strength |
| **FMS**  **STRIKING & FIELDING**  **Hit, catch, run**  hitting, retrieving, throwing | **GYMNASTICS**  Improving body management | **FMS**  **NET/WALL GAMES**  **Send & Return**  developing skills | **INVASION GAMES**  **Attack, defend, shoot**  introduction to simple, small sided games | **FMS**  **STRIKING & FIELDING**  **Hit, catch, run**  **–** developing techniques to improve object control |
| **Year 2** | **AGILITY BALANCE COORDINATION**  **FMS**  **FIZZY/BEAM**  **COSMIC YOGA** | **INVASION GAMES**  introduction to skills | **DANCE**  responding to a range of stimuli | **FMS**  **BODY MANAGEMENT/**  **COOPERATE & SOLVE PROBLEMS** | **DODGEBALL**  Introduction to competition against others  Exploring winning/losing | **Sports Day practice**  **FMS**  **ATHLETIC ACTIVITY**  **Run, Jump, Throw**  building stamina/core strength |
| **FMS**  **STRIKING & FIELDING**  **Hit, catch, run**  hitting, retrieving, throwing | **GYMNASTICS**  Improving body management | **FMS**  **NET/WALL GAMES**  **Send & Return**  developing skills | **INVASION GAMES**  **Attack, defend, shoot**  introduction to simple, small sided games | **FMS**  **STRIKING & FIELDING**  **Hit, catch, run**  **–** developing techniques to improve object control |

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|  | **KEY STAGE 2 Long Term Curriculum Map for Physical Education** | | | | | |
|  | **Term 1 (1)** | **Term 1 (2)** | **Term 2 (3)** | **Term 2 (4)** | **Term 3 (5)** | **Term 3 (6)** |
| **Time** | **7 Weeks** | **7 Weeks** | **6 Weeks** | **5 Weeks** | **7 Weeks** | **7 Weeks** |
| **Year**  **3/4** | **OAA**  **COOPERATE & SOLVE PROBLEMS** | **INVASION GAMES**  introduction to skills | **DANCE**  responding to a range of stimuli | **DODGEBALL**  Introduction to competition against others  Exploring winning/losing | **TRIGOLF**  **Introduction to trigolf** | **Sports Day practice**  **FMS**  **ATHLETIC ACTIVITY**  **Run, Jump, Throw**  building stamina/core strength |
| **FMS**  **Running**  **Jumping**  **Throwing**  **Catching** | **FMS**  **STRIKING & FIELDING**  **Hit, catch, run**  hitting, retrieving, throwing | **GYMNASTICS**  Improving body management | **FMS**  **NET/WALL GAMES**  **Send & Return**  developing skills | **INVASION GAMES**  **Attack, defend, shoot**  introduction to simple, small sided games  HOCKEY/FOOTBALL/RUGBY | **FMS**  **STRIKING & FIELDING**  **Hit, catch, run**  **–** developing techniques to improve object control |
| **Year 4/5** | **INVASION GAMES**  **NETBALL/HANDBALL**  Transferable skills and tactics in small sided games | **STRIKING/FIELDING**  **CRICKET**  Transferable skills and small sided games | **DANCE**  Analysing and improving performance | **NET/WALL**  **TENNIS/BADMINTON**  Transferable skills | **INVASION GAMES**  **FOOTBALL/RUGBY**  Transferable skills/tactics in small sided games | **Sports Day practice**  **ATHLETICS**  Analysing and improving performance |
| **OAA/COOPERATE AND PROBLEM SOLVE** | **TRIGOLF/HEALTH RELATED FITNESS**  Technique development & exercise for health | **GYMNASTICS**  Analysing and improving performance | **ULTIMATE FRISBEE** | **INVASION GAMES**  **HOCKEY**  Transferable skills/tactics in small sided games | **INTRA COMPETITION**  **DODEGBALL**  Exploring skills and tactics to influence the outcome of a game |
| **Year 6** | **INVASION GAMES**  **FOOTBALL**  Transferable skills and tactics in small sided games | **NET/WALL**  **TENNIS/BADMINTON**  Transferable skills | **DANCE/GYMNASTICS**  Working collaboratively | **INVASION GAMES**  **NETBALL**  Transferable skills and tactics in small sided games | **STRIKING/FIELDING**  **CRICKET/ROUNDERS**  Transferable skills | **ATHLETICS**  applying strength and flexibility to all areas |
| **INVASION GAMES**  **TAG RUGBY**  Transferable skills and tactics in small sided games | **OAA**  Explore a range of communications in challenging environments | **HEALTH RELATED FITNESS**  Developing the link between exercise and health | **INVASION GAMES**  **BASKETBALL**  Transferable skills and tactics in small sided games | **SPORTS LEADERSHIP**  Plan/deliver a trigolf competition to Y3 (T6) | **Sports Day practice**  **INTRA COMPETITION**  Understanding roles in team games |