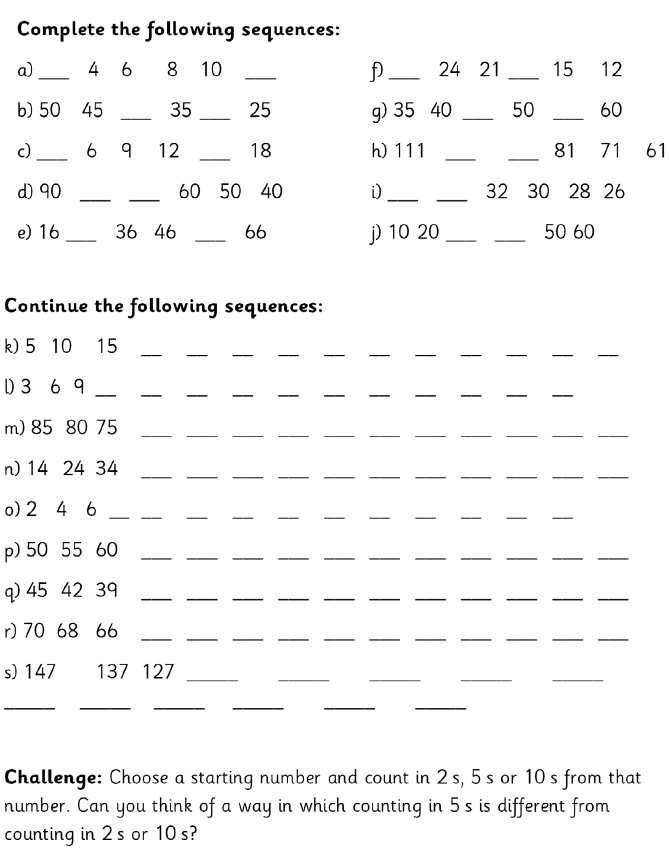
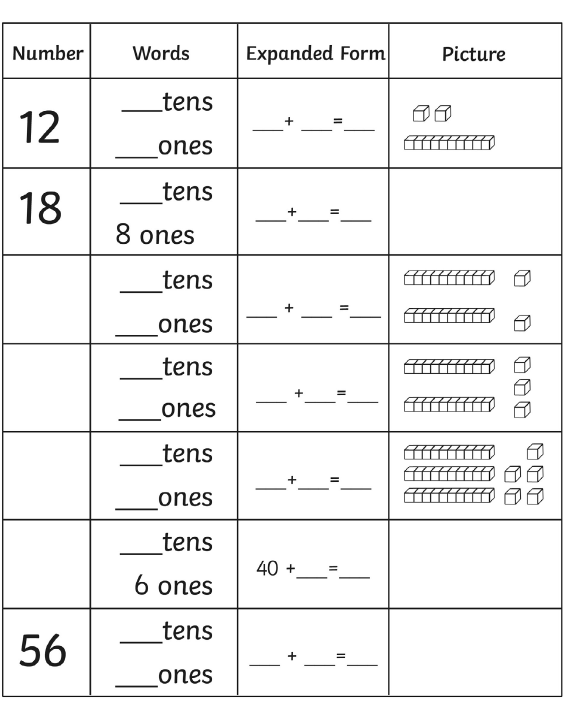
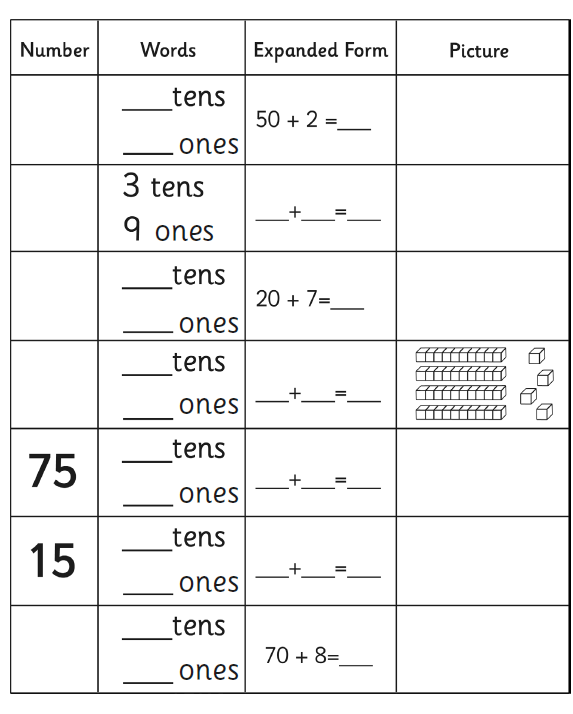
**Week 1, Day 1:**

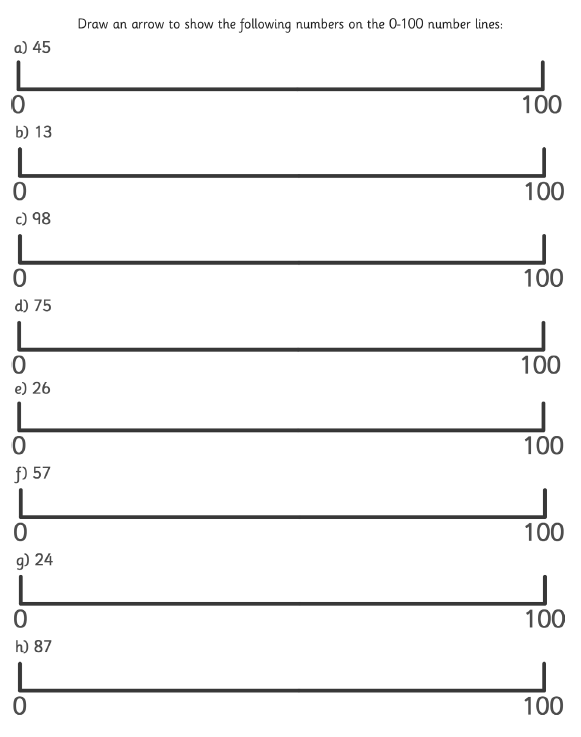


**Week 1, Day 2:**

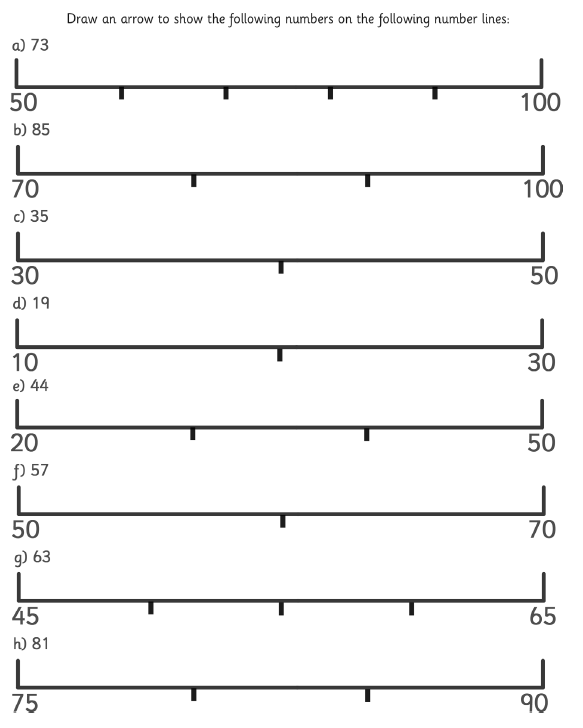




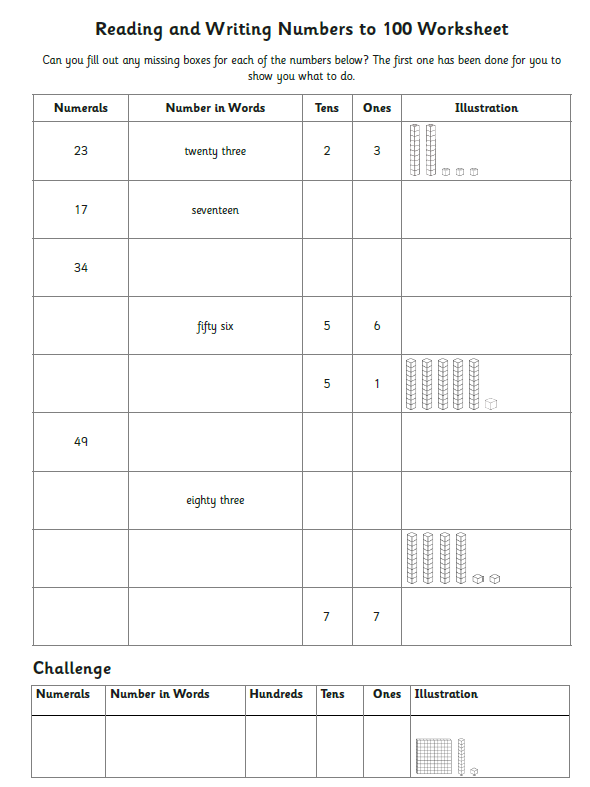
**Week 1, Day 3:**



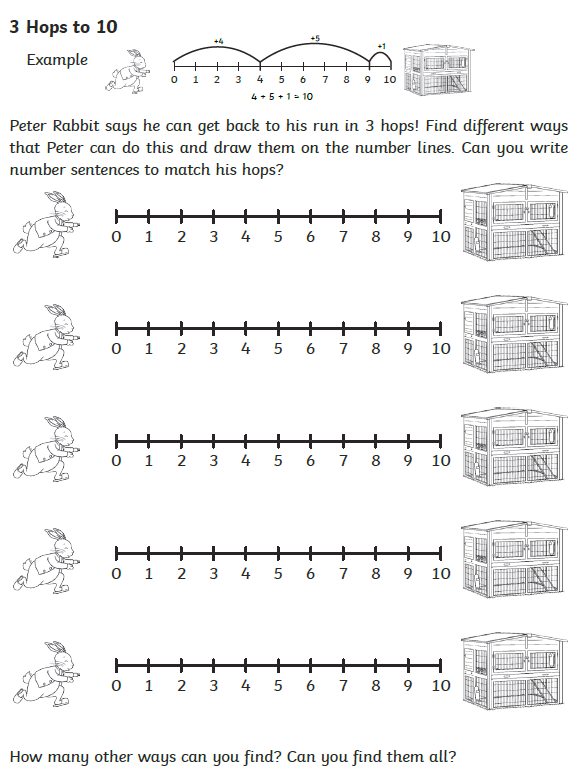
**Week 1, Day 4:**



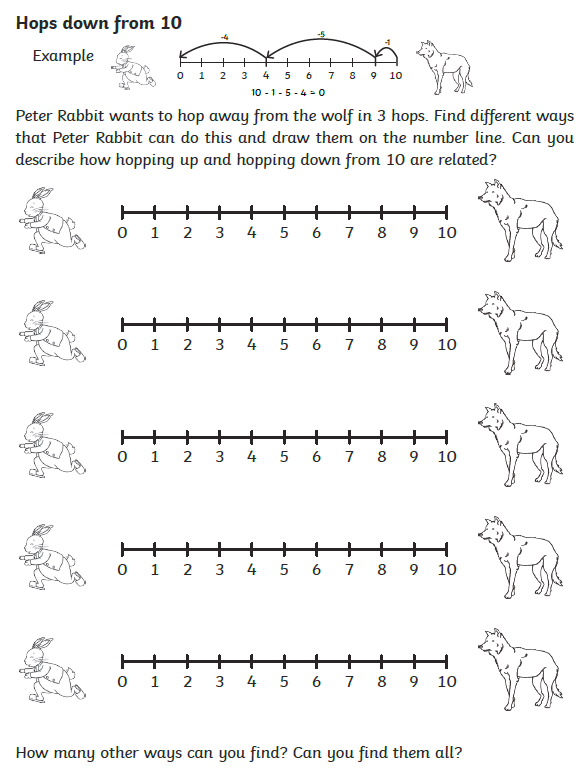
**Week 1, Day 5:**



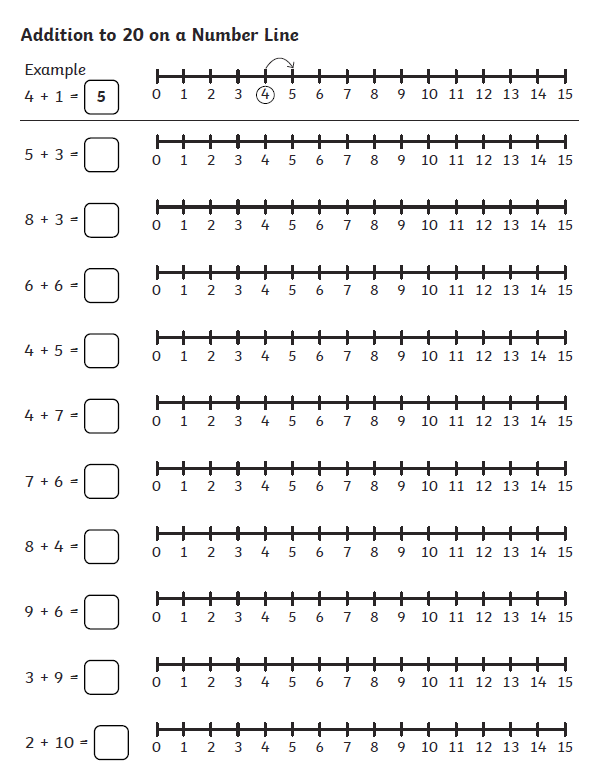
**Week 2, Day 1:**



**Week 2, Day 2:**



**Week 2, Day 3:**



**Week 2, Day 4:**



**Week 2, Day 5:**

