



**PARKSIDE COMMUNITY PRIMARY SCHOOL**



# Healthy Eating Reminder

Dear Parents/Carers,

At Parkside Community Primary School we are keen to help children learn about making healthy lifestyle choices.



In line with the school's Healthy Eating Policy please do not send children in with sweets, chocolate or other unhealthy foods. Staff will challenge children bringing unhealthy foods to school and may keep these items aside to return to parents at the end of the day.

Please also be aware that we are a 'nut-free' school due to members of the school having severe nut allergies.

**Thank you for your continued support with this!**

